

3D
Full Body Scan

Example data provided from a 3D body measurement scan

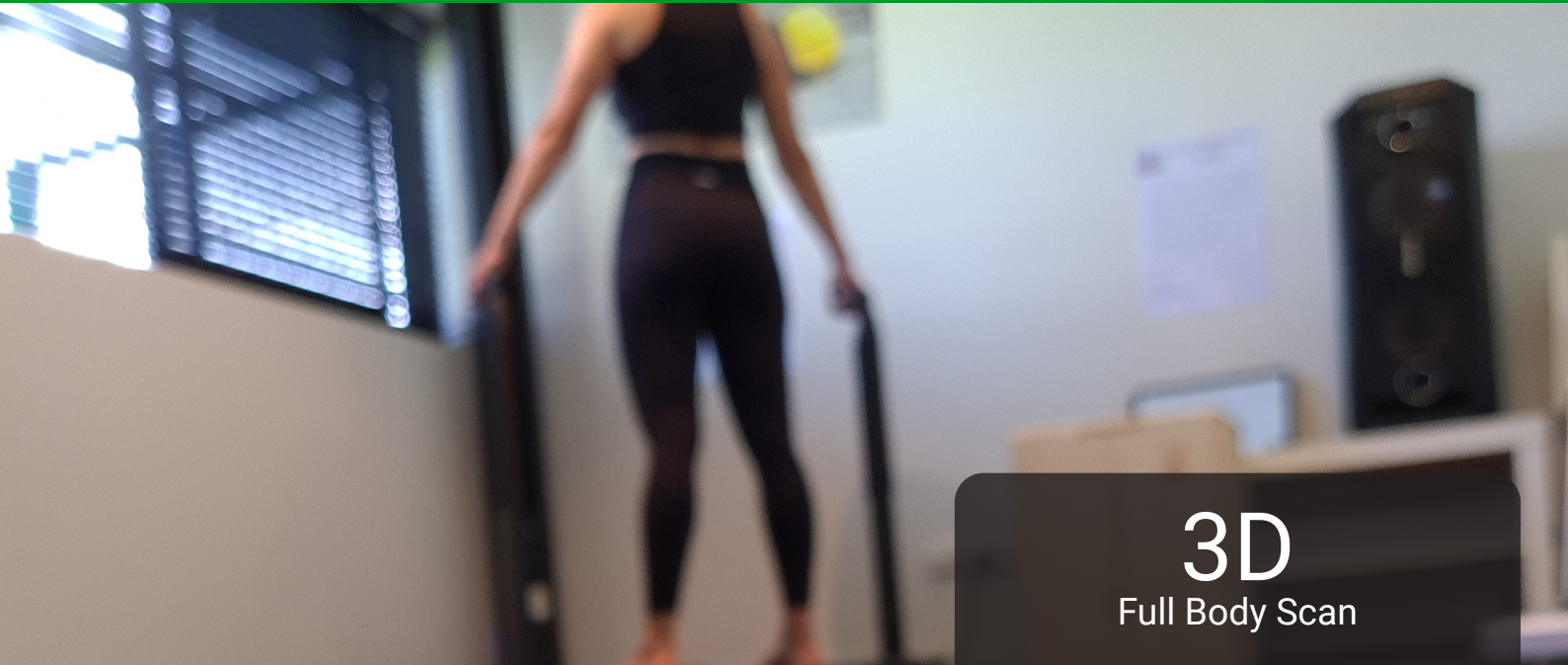
Title	Example data	Explanation
Date	29/04/2022	Date the scan was performed
Age at test	46	Age of individual at time of test
Height (cm)	175	Height of client
Weight (kg)	85.5	Total mass of client
Neck (cm)	43.6	Circumference at mid-point of neck (typically over the larynx)
Chest (cm)	116.3	Circumference at inner point of shoulder blades
Waist (cm)	96.5	Circumference at small of back
Hips (cm)	101.6	Circumference at rear most protruding point below the waist
Waist-to-hip Ration	0.96	Ratio between waist and hips
Left Bicep (cm)	35.3	Maximum circumference of arm between shoulder and elbow
Right Bicep (cm)	35.6	Maximum circumference of arm between shoulder and elbow
Left Forearm (cm)	31.2	Maximum circumference of arm between elbow and wrist
Right Forearm (cm)	28.8	Maximum circumference of arm between elbow and wrist
Left Thigh (cm)	59.4	Maximum circumference of leg between crotch and knee
Right Thich (cm)	58.4	Maximum circumference of leg between crotch and knee
Left Calf (cm)	41.2	Maximum circumference of leg between knee and ankle
Right Calf (cm)	40.2	Maximum circumference of leg between knee and ankle

The above is example data only. Seek professional advice on your own results and any forms of intervention.



The 3D video allows you to see the body's proportion and visualise your current posture.



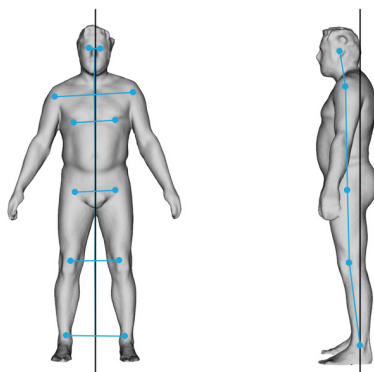


3D Full Body Scan

Example data provided from a 3D body posture scan

Title	Example data	Explanation
Head Front Shift (cm)	0.7 right	Shift (cm) is the 'sliding' movement forward, backward, left or right and is measured in centimetres. This is any movement in position from the centre point. This is any movement that is parallel to the floor.
Head Front Tilt (cm)	7.7 left	
Head Side Shift (cm)	10.5 forward	
Shoulder Front Shift (cm)	1 right	
Shoulder Front Tilt (cm)	9 right	
Shoulder Side Shift (cm)	7.5 forward	
Underbust Front Shift (cm)	0.5 right	
Underbust Front Tilt (%)	6.7 right	Tilt (%) is a part of the body that moves into a sloping position and the rate in which it slopes in a given direction. Tilt is measured as a percentage. This is any movement that brings a part, or parts, of the body toward the floor.
Hip Front Shift (cm)	0.3 right	
Hip Front Tilt (cm)	5.4 right	
Hip Side Shift (cm)	6.3 forward	
Knee Front Shift (cm)	0.3 right	
Knee Front Tilt (cm)	1.9 right	
Knee Side Shift (cm)	5.5 forward	

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The scan provides a detailed three-dimensional avatar highlighting static posture, shift and tilt.

